**Creditor name and address:**

Account/Agreement No:

**Your name and address:**

Date:

Dear Sirs

I am writing to complain about the frequency and inappropriate times of your telephone calls as they’re causing me considerable stress. Please remove my telephone number from your database and send all future communications in writing to my home address only.

If you continue to call I will contact the Financial Ombudsman Service to make a formal complaint.

Please confirm in writing that you have updated your records.

Yours faithfully

(Print name)