

Budget area	Cost (weekly/ monthly)
Rent/Mortgage	
Council tax	
TV licence	
Water	
Gas	
Electricity	
Child maintenance	
Insurance (buildings/contents/life)	
Satellite TV, broadband and home phone	
Mobile phone(s)	
Meals at work	
Childcare costs	
Repairs and maintenance (boiler cover, window cleaning)	
Food and toiletries	
Clothing and footwear	
Dentist, opticians and hairdressing	
Pets, pet food and insurance	
Hobbies, sports and entertainment	
Petrol/diesel or public transport	
Car tax	
Car insurance	
Car servicing and spares	
Medicines and prescriptions	
Other spending (e.g. tobacco, dry cleaning, sundries)	